

How Well Do I Know My Teen?

Parent Name: _____

Tell Me About _____ (your teen)

1. Who is your teen's best friend? _____
2. What is your teen's favorite color? _____
3. What is their favorite TV show? _____
4. What is their favorite type of food? _____
5. Please name your teen's favorite restaurant _____
6. What type of music do they like? _____
7. Who is your teen's favorite teacher? _____
8. If your teen could buy anything in the world what would it be?

9. What is your teen's least favorite subject in school? _____
10. What is your teen's greatest strength? _____
11. Please list an interesting thing about your teen, they think you don't know

12. What really makes your teen angry? _____
13. What embarrasses your teen? _____
14. Would your teen know how to get home if lost and had no cell phone?

15. In what way are you like your teen? _____
16. In what way are you different from them? _____

How Well Do I Know My Parent/Caregiver?

Teen Name: _____

Tell Me About _____ (your parent/caregiver)

1. Who is their best friend? _____
2. What is their favorite color? _____
3. What is their favorite TV show? _____
4. What is their favorite type of food? _____
5. Please name their favorite restaurant _____
6. What type of music do they listen to on the radio? _____
7. In which state were they born? _____
8. If your parent/caregiver could buy anything in the world what would it be?

9. When is their birthday? _____
10. What is your parent's/caregiver's greatest strength? _____
11. Please list an interesting thing about your parent/caregiver, they think you don't know

12. What really makes your parent/caregiver angry? _____
13. What do you think makes your parent/caregiver happy? _____
14. How would your parent/caregiver survive without a smart phone for a week?

15. In what way are you like your parent/caregiver? _____
16. In what way are you different from them? _____